# LET'S TALK ABOUT CANCER

4<sup>th</sup> March 2023 – Uplyme Village Hall





## **EVENT OVERVIEW**

We brought together professionals to talk about bowel cancer awareness and the importance of a healthy gut.

We were delighted to welcome our speakers including Mr Anjay Talwar, Consultant, Dr Yvonne Hodges, GP and Elizabeth Bond, Nutritionalist.

## QUOTES

This was a very professional, well-organised event. It showed that a lot of thought went into the planning: the range of speakers and their specific areas presented, the room, layout, the variety of refreshments, right down to the seeds in the Goodie Bags. A big takeaway from the day at lots of levels.

Everyone involved was extremely enthusiastic, energetic, intelligent, informative, knowledgeable, caring and kind. I left feeling energised, inspired and full of hope by the amazing people, services and events.

### TESTIMONIALS

Welcoming, friendly atmosphere which put everyone at ease. The event had obviously been very well planned and prepared, so that it ran smoothly and to time. The presentations were excellent, covering clinical, practical and personal aspects of bowel cancer.

### THANKS TO

Sponsors and anyone who helped out - Mr Anjay Talwar, Consultant, Dr Yvonne Hodges, GP and Elizabeth Bond, Nutritionalist, Mary Kahn, Ady Henderson & Kate Vernon.



EVENT SPEAKS - PHOTO BY ALCS VOLUNTEERS

