

Volunteer Training with Dr Tresidder

6th February 2024 – CKH Axminster

EVENT OVERVIEW

Volunteer Catch Up & Wellbeing Session at Cross Keys House.

QUOTES

"It reminded me how simplistic tweaking a few things on a daily basis can improve wellbeing. Dr Tresidder has a balance of the medical solution and the more natural solution of taking responsibility for our own health and wellbeing."

"The excellent training provided by ALCS really enriches our experience as volunteers and ensures that we continue to be well equipped to support our clients"



The interesting and very educational talk that I was invited to attend as a professional partner was superb. ACLS make an effort to ensure their volunteers and Professional Partners are taken care of.

A stimulating, enjoyable and thought-provoking presentation

THANKS TO Dr Andrew Tresidder



12 IN ATTENDANCE

HOW LIKELY ARE YOU TO RECOMMEND THIS EVENT

TO ANOTHER VOLUNTEER? 4.90/5

