



# YOGA 6 WEEK CLASS – WITH NADIYA WYNN

12<sup>th</sup> January - 16<sup>th</sup> February 2024 – CKH Axminster

## EVENT OVERVIEW

6-week Yoga Class with Nadiya Wynn

## QUOTES

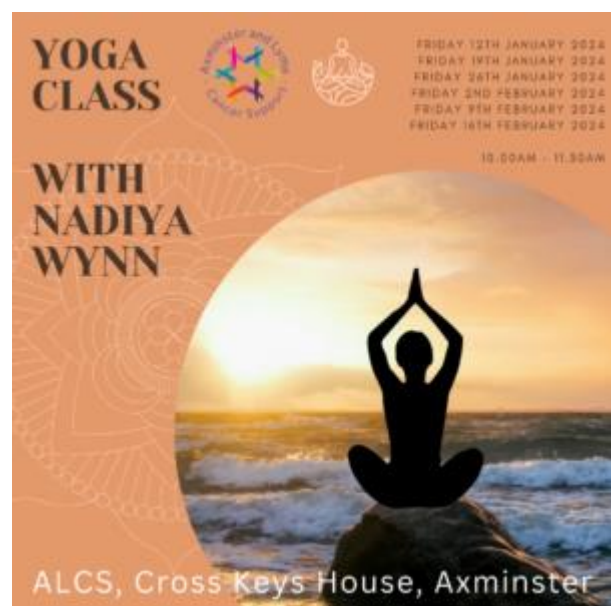
“I feel very blessed to have Axminster and Lyme Cancer support on my doorstep offering support and a variety of educational, creative and wellbeing courses. All in a safe environment where the feeling of isolation that a cancer diagnosis can make you feel is abated by meeting others who have or are going through similar situations.”

## TESTIMONIALS

Having done yoga for most of my adult life, I wanted to take part in this course offered by ALCS to gain more knowledge about theory and how this could help with my ongoing cancer recovery. I felt the course helped me in this respect. The tutor was knowledgeable, helpful, well organised and kind to all participants.

## THANKS TO

Nadiya Wynn



**6 in attendance**

HOW LIKELY ARE YOU TO RECOMMEND THIS EVENT

TO ANOTHER CLIENT? 5/5

