



6 -WEEK YOGA – WITH NADIYA WYNN

June – July 2024 – Cross Keys House

EVENT OVERVIEW

Restorative Yoga Class 6-week course with Nadiya Wynn.

QUOTES

“Nadiya was very good at taking the course, she explained how every yoga movement helped and improved your physical and mental health. Well recommended for cancer sufferers.”

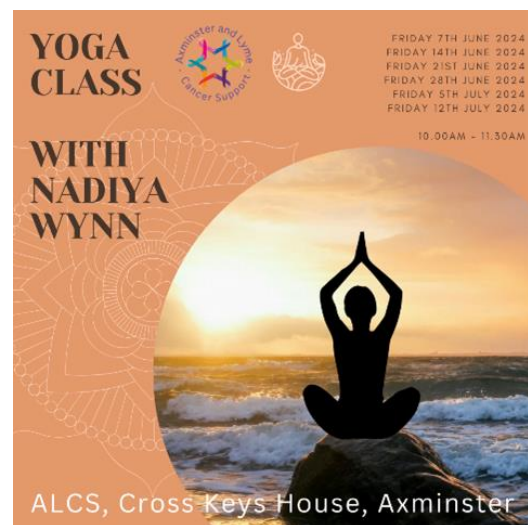
“As for all the different types of activities provided by ALCS they are tailored to meet the needs perfectly of cancer patients to support and nurture them through the process and longer Thank you.”

TESTIMONIALS

The events and support offered at ALCS have transformed a very difficult and challenging time in life into a much more manageable and supported experience. I am so grateful for all they offer.

THANKS TO

Nadiya Wynn & Volunteers.



6 in attendance

HOW LIKELY ARE YOU TO RECOMMEND THIS EVENT

TO ANOTHER CLIENT? 5/5

